

ESTREL – Enhancement of Stroke Rehabilitation with Levodopa: a randomized placebocontrolled trial

Trial registration number: ClinicalTrials.gov NCT03735901

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Status: Ongoing

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Short summary: In stroke medicine, the large body of high-quality evidence prov-

ing benefits of acute revascularization therapies and secondary prevention is offset by a large gap of evidence on means to enhance stroke recovery. Levodopa is a promising candidate for the pharmacological enhancement of stroke recovery. Motor deficits are common and affect quality of life in stroke patients prompting for motor improvement as a top priority. Given the high prevalence and tremendous burden of stroke, a straightforward applicable measure to improve motor outcome is highly relevant. The research project ESTREL addresses the aim to sus-

tainably improve recovery after a cerebral stroke.

The primary objective of this study is to investigate whether levodopa compared to placebo given in addition to standardized rehabilitation based on the principles of motor learning is associated with a patient-relevant enhancement of functional recovery

in acute stroke patients.

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